

Island Insight



This publication is published weekly and contains information about, for, and of interest to the Island Workforce. This document is also available on the Garrison Internet page under "Information" and on the installation website at www.usagria.army.mil under "News" and then "Local News."

<u>Island Insight Submission</u>: https://home.ria.army.mil/sites/ii/ii.cfm

Sections:

- Arsenal Traffic/Construction
- Building/Space Closures
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- Safety Spotlight
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- Morale, Welfare & Recreation (MWR)

<u>U.S. Army Sustainment Command</u> Announces Winners In 'Best Warrior'

Competition: Four Soldiers assigned to the U.S. Army Sustainment Command put their skills, stamina and knowledge to the test this week during ASC's 2014 Best Warrior Competition. The competition was held at Rock Island Arsenal, Ill., home to ASC Headquarters. It began when competitors checked in at 5 a.m. on



- MWR Leisure Travel Office
- Child, Youth & School Services
- Army Community (ACS)
- Employee Assistance Program
- Education/Training Review
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Monday morning, June 23, and ended with an awards breakfast held at the RIA Golf Club on June 26. At the breakfast, two Best Warrior winners were announced. Staff Sgt. Kevin A. Hopson was named as ASC'S NCO of the Year, a competition that was open to all ASC Soldiers in grades / ranks E-4 (Corporal) through E-7 (Sergeant First Class). A native of North Powder, Ore., Hopson has served in the Army since 2005 and

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althbeat

Ask the Garrison Commander

has been deployed both to Iraq and Afghanistan. He presently serves as the Force Protection NCO at ASC Headquarters. Pfc. Davonta T. Colflesh of

the 403rd Army Field Support Brigade in Daegu, Korea, was named as ASC's Soldier of the Year, a competition that was open to all ASC







Soldiers in grades / ranks E-1 (Private) through E-4 (Specialist). (More)

Military Appreciation Motorcycle

Ride: Support our active duty military and our local USO by joining us for the Inaugural Military Appreciation
Motorcycle Ride,
Sunday, July 13. This ride is open to anyone who would like to show

support for our troops. Classic cars are also welcome. Day of event registration will start at 7 a.m. and will be \$15 per bike. Pre-registration can be completed via email and will be \$10 per bike. It's easy ... just send an email with your name, address and phone number; cash or check only. We will be leaving from Bad Boys Pizza in Moline at 8 a.m. sharp. Our destination will be Poopy's in Savannah, Ill. Poopy's will have a breakfast buffet available until 10:30 a.m. and lunch will be available at 11 a.m. There will be a discount for active duty military. Live outdoor entertainment will be provided by the band Wayland, starting at 1 p.m. Don't forget to buy raffle tickets that morning. We have some great items from local supporters. All proceeds will go to the USO of Illinois-Rock Island. Many of

our military personnel are new to the area. They are looking for events, destinations and people or groups to ride with. Share what you know with them. Hooah! Let's Ride. POC: Lorna Wilson, (563) 468-7624.

Accessing the Baylor Conference

Center: The Baylor Conference Center (used for a variety of training sessions and meetings) is located on the 3rd floor of Bldg. 103. To access the Baylor Conference rooms. please enter the west door of Bldg. 104 near the ramp. Take the elevator to the 3rd floor. Turn right off the elevator and follow the signs to the Baylor Conference Center. Please note, do not access the Baylor Conference Center via Bldg. 102. The 1st floor of Bldg. 103 houses the Civilian Human Resources Center and must not be used as a thorough-fair between Bldg. 102 and the elevator in Bldg. 104. – Civilian Human Resources Agency, NC Region Rock Island Arsenal

AUSA Annual Golf Outing: Save the date -- the 2014 Rock Island Arsenal Chapter of the Association of the US Army will once again have its annual golf outing "A Round For Our Soldiers"

Upcoming Dates

<u>July 3</u>: Red, White & Boom, Beside COL Davenport House RIA Gathering

July 4: Independence Day (Federal Holiday)

July 8: RIA Community Special Events Planning Mtg., Cassison Rm., Bldg. 60, 1 p.m.

July 9: JMC Organizational Day, Memorial Field, 11 a.m. - 3 p.m. (JMC employees, families, and retirees only)

<u>July 13</u>: Military Appreciation Motorcycle Run, Bad Boyz, Moline, to Poopy's, Savannah, 7 a.m.

<u>July 16</u>: Wounded Warrior Family Support Touring Event Special Shelby Mustang GT500, Bldg. 60, South Lawn, 9-11 a.m.

<u>July 17</u>: AUSA RIA Chapter "A Round For Our Soldiers" Golf Tournament, Arsenal Island Golf Course, 12-4 p.m.

<u>July 18</u>: Summer Golf Tournament, Arsenal Island Golf Course, 8 a.m. - 5 p.m.

<u>July 24</u>: Newcomer's Orientation & Tour of RIA & QCA, Arsenal Island Golf Course Clubhouse, 8 a.m. - 1 p.m.

<u>July 26</u>: Rock The Island Auto Skills Car show, Rodman Avenue, East to Gillespie, 9 a.m. - 3 p.m.

<u>July 26</u>: QC Wolf Pack - Military Appreciation Game, Augustana Ericson Field, 3-7 p.m.

July 28-31: ASC/AMC NCO and Soldier of the Year "Best Warrior" Competition

July 31: RIA 3rd Qtr. Retirement, Retreat & Award Ceremony (JMC), Heritage Hall, 2-4 p.m.

Aug. 7: Community Health Promotion Committee Mtg., Baylor Conf. Rm., 1-2:30 p.m.

Aug. 7: Freedom Run, East Moline, 6-10 p.m.

Aug. 12: RIA Community Special Events Planning Mtg., Cassison Rm., Bldg. 60, 1 p.m.

<u>Aug. 13</u>: Senior NCO Tenant Mtg., Arsenal Island Golf Course Clubhouse, 11:30 a.m. – 12:30 p.m.

Aug. 14: Garrison Town Hall, Baylor Conf. Rm., 1-2:30 p.m.

Aug. 21: ASC Change of Command, Memorial Field, 10 a.m. – 12 p.m.



<u>Island</u> Insight

on **July 17**, at 12 p.m., at the Arsenal Island Golf Course. Proceeds support Soldiers, civilians, families, local chapter activities, and the Army Emergency Relief Fund.

ASC/AMC "Best Warrior"

Competition Notification: ASC is conducting the ASC/AMC NCO and Soldier of the Year "Best Warrior" competitions at Rock Island Arsenal **July 28-31** (AMC); in order to recognize and showcase the best Soldiers in the ASC/AMC. The competition will consist of critical thinking skills testing, performance-based and hands-on evaluations. The competition will test each competitor's Army aptitude via an Army physical fitness test, board interviews, a written exam, essay writing, day and night urban orienteering, a rifle proficiency range, a mystery event, and warrior tasks and battle drills. The competitors will be moving in and around the Island 5 a.m. - 11 p.m. daily during the scheduled events. Please be aware that the warrior task and battle drill lanes originate around the Arsenal test track and include

use of simulators and blank ammunition

firing. The urban orienteering events

require Soldiers to move through unrestricted areas throughout the Island. This announcement is intended to inform you of the circumstances of these competitions and reduce any confusion in the Soldier activities that you may witness during these time frames. To keep up-to-date on the competition, visit the ASC web site at www.aschq.army.mil or the ASC Facebook page at www.facebook.com/ArmySustainmentComand.

RIA Retirement Ceremony: Maj. Gen. John F. Wharton, Commanding General of the United States Army Sustainment Command and Rock Island Arsenal, cordially invites you to attend the 4th Quarter FY14 Award, Retirement & Retreat Ceremony at Heritage Hall, Bldg. 60, Thursday, July 31, at 2 p.m. We will honor our retiring Department of the Army civilians and exercise our Soldiers' first General Order by properly relieving them of their posts. Uniform for personnel not participating in the ceremony is military: duty uniform and civilian: casual.

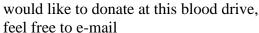
Women in Defense Golf Outing:

Women in Defense 13th Annual Golf Outing will be Friday, **Aug. 1**, at Glynns Creek Golf Course. \$65 per person. (includes greens, cart, continental breakfast, lunch, beverages and prizes) Registration/payment due by July 21, 2014. (Flyer)

Time: 7 a.m. - 2:30 p.m.

Blood Drives: The Mississippi Valley

Regional Blood Center is hosting a blood drive in the <u>Caisson Room</u> (First Floor, Bldg. 60), on **Friday**, **July 18**, **10** a.m. – **12** p.m. If you



SHoegerl@mvrbc.com with the time you'd like to schedule, or call their Donor Center at (563) 359-5401, ext. 119. A 2nd shift blood drive will be held in the Cafeteria (Bldg. 210) beginning at 6:30 p.m. on Aug. 22. A 3rd shift blood drive will be held in the Cafeteria (Bldg. 210) beginning at 2:15 a.m. on July 25. To sign up for a blood drive held on either the 2nd or 3rd shift, donors should contact their shift supervisor. (Blood Transfusion En Route to Trauma Center Keeps Navy Vet Alive)



Charlie Corpuscle asks, "How many units of blood were donated for patients at our local hospitals through blood drives held on Arsenal Island in 2013?" Answer: 969. FYI – Each of



those donations can touch the lives of as many as four patients in need!

The Army encourages its employees to volunteer as candidates for any of the variety of medical donor programs, including blood, bone marrow, and organ donor/transplant programs. For additional information click here.

Cards for the Troops: Join us on Tuesday, **Sept. 23**, 6:30-9 p.m., at the Arsenal Island Golf Clubhouse for the 7th Annual Cards for the Troops. Handmade rubber stamp art cards are created with the guidance of local stamping artists for our deployed troops to mail home to loved ones. No stamping experience required. 28,000+ cards sent to date; 8,000 created by 200 volunteers at last year's event and sent to our military serving in Afghanistan. Seating is limited, please RSVP to mssipple1@gmail.com. Packagers needed also. Please bring one roll of Scotch double-sided tape; all other materials supplied.

Rock Island Arsenal NARFE Service Center: The NARFE Retiree Service Center, which was located in Bldg. 56, Room 105 on Arsenal Island, ceased operations effective May 30. The center

had been staffed by volunteers from the National Active and Retired Federal Employees Blackhawk Chapter #338 and the Iowa Davenport Chapter #279. Even though the physical office space no longer exists, we will continue to provide all NARFE members or any federal employee, their families and survivors with assistance in contacting the Office of Personnel Management concerning benefits and programs, such as civil service annuities, survivor benefits, life insurance, income taxwithholding from annuities and health insurance, and other important programs, such as Medicare, Social Security and veterans' benefits. We have several volunteers willing to help you, but initially you may contact one of the following to assist you with these issues. Blackhawk Chapter #338 Linda J. Bass, (309) 949-3819, cell (309) 235-7340, email, bigbass1@mchsi.com. Iowa Davenport Chapter #279 Mary Strassburger, (563) 349-9697, email, brn2shp@q.com.

Obama Gives Feds Right to Request
More Flexible Work Options: Federal
employees now have the right to request
a more flexible work schedule and
managers must "carefully" consider
those requests, President Barack Obama
told agency heads in a June 23 memo on

expanding workplace flexibility in the federal government. The memo, which coincided with a White House conference on working families, also encourages agency heads to expand flexible workplace policies, such as telework, alternative work schedules and temporary part-time duty "to the maximum extent practicable." (More)

Customer Service: IMCOM's

Attitude: Let's talk about customer service. It is about the Golden Rule -"Do unto others as you would have them do unto you", and you must love Soldiers and Families. Members of the Installation Management Command must understand their role in delivering customer service to Soldiers, Army civilians, wounded warriors, retirees and their Families, and survivors. The IMCOM team builds a ready and resilient Army. We take care of people, and make them self-reliant. (More)

Army Corps of Engineers Exploring New Ways to Finance Missions: The

Army Corps of Engineers says the massive nationwide inventory of civil works infrastructure it's charged with managing is rapidly deteriorating. With insufficient funding coming from Congress to fix the problems, the Corps is looking for new ways to pay for the



work it needs to do. Lt. Gen. Thomas Bostick, the commanding general of the Army Corps of Engineers (USACE), said the problems are symptomatic of a more general, multi-decade decline in public infrastructure spending. While politicians have spent some time focusing on roads and bridges, that's less true for the sorts of things the Army Corps handles, most of which are focused on water infrastructure. (More)

OMB Wants Agencies to Move Beyond Measuring Performance:

Much of the emphasis in the federal performance reporting process has been on measuring how well agencies are doing at meeting short-term goals, a key Office of Management and Budget official said Tuesday. Now with new strategic reviews underway, the focus should gradually shift to implementing improvements. There are three parts to the process of implementing strategic reviews of agency operations, as required under the 2010 Government Performance and Results Act Modernization Act, said Lisa Danzig, associate director for personnel and performance at the Office of Management and Budget: ■Assessing progress Informing decision making ■ Taking action to make improvements. So far, much of the emphasis has been

on the first item on the list, Danzig said during a panel discussion sponsored by the National Academy of Public Administration about a new report on strategic reviews. (More)

<u>Legislation Introduced to Reform</u> <u>Federal Hiring Process</u>: Senator Jon

Tester (D-MT) has introduced legislation that will allow federal agencies to share information about potential job candidates in an effort to reform the federal hiring process. Under existing law, if agencies have similar hiring needs, they cannot share assessments of applicants with one another. This bill would allow recordsharing, cutting down on duplicative work. (More)

Obama: 'We Should Praise' Federal

Workers: Did you see what President Obama said about federal employees at a town hall meeting Minneapolis on Thursday? The last question he took was from Katie Peterson, who works for the Defense Contract Management Agency. "My co-worker here and friend, we've been working for the federal government for almost 29 years. And we feel really privileged that we've been able to serve that way," she began. "It's been a great career, we love it, but lately, as you know, there's been a few

rough patches with three years of pay freeze and sequestration and furloughs. And we're just kind of wondering what you foresee for the next fiscal year for government workers," she asked. (More)

<u>Army Issues New Policy to Gain</u> <u>Better Control Over Enterprise Apps:</u>

The Army is locking down how many and the types of enterprise applications service members and civilians can use on its network. The undersecretary of the Army, Brad Carson, signed a policy memo June 9, requiring all enterprise applications be modernized, virtualized and migrated to an approved data center. (More)

Arsenal Island Employee Local

Discounts: The following discounts are exclusively available to Arsenal Island employees – Visit Yankee Candle at Northpark Mall to receive great discounts. All Arsenal employees receive \$15 off any \$35 purchase when you show your Island badge, show your military ID for an extra 10 percent off every purchase. Plus come see the new Man Candles including this year's new scent camouflage. Offer ends June 1. Sears Automotive, NorthPark Mall: Military discount of 7% off for all members of the military, active, reserve, and retired military with military ID;



applying to name brand products, automotive services & labor; \$20.99 oil change; and \$69.95 wheel alignment.

Peachwave Frozen Yogurt:

Peachwave, 3431 Devils Glen Rd., Bettendorf, offers a 10 percent discount everyday to all military and veterans. The Slice: Right off the Moline Bridge exit, is offering \$2 off their pizza buffet with drink to Rock Island Arsenal workers. **Double Tap Firearms**: Double Tap Firearms offers a 10 percent firearm discount and \$15 firearm transfer fee in Illinois to active duty and retired military personnel in the QCA (19). Bennigan's Rock Island: Arsenal employees, service men, service women you are always welcome at Bennigan's in Rock Island, and to show you how much your welcome here, we offer a 25 percent discount off your meal, any day any time (1). New Life Chiropractic Clinic: Arsenal Island employees, we're offering you a 20 percent discount on our services (4). Goebel Family **Dentistry:** Active duty members of the military receive a 10 percent discount on all services. All other Arsenal civilian employees who are new patients can receive either the free exam and x-rays or a free whitening treatment on their first visit (4). This information is included for general workforce interest

and does not constitute endorsement of the businesses or products.

Arsenal Traffe Construction

Construction Work on Entry Sign Effects Government Bridge Traffic:

Effective June 23, the Directorate of Public Works began working on the installation of a new entrance sign on the Davenport side of the Government Bridge. During construction, south bound traffic will be routed to the stop sign on 2nd Street and then turn onto the Government Bridge. All north bound traffic will be required to proceed towards 3rd Street. Signage and traffic barrels will be in place as depicted in the attached drawing. The foundation phase of the project is expected to last two weeks depending on weather. Once the foundation is completed, traffic flow will return to normal pattern. A 4-hour closure will be required to set the new sign in place at a future date.

Rock Island Viaduct Sidewalk Closed

to Pedestrians: "Sidewalk Closed" signs have been erected at either end of the Rock Island Viaduct sidewalk. These signs were placed because of the tripping hazard that the condition of the sidewalk presents. Attached illustration

indicates the suggested alternative route (STR276 American Discovery Trail and Pedestrian Bridge) during the closure.

2014 Bus Stop Repair: Beginning June 23, and lasting through July 15, the Directorate of Public Works will begin work on replacing the deteriorated concrete around the bus stop on the SW corner of Rodman and Gillispie. The work will require the closure of the sidewalk for the duration and intermittent lane closure. Signage and safety barriers will be positioned at appropriate locations. Project is scheduled to be completed by July 15.

Upstream Sidewalk Closure on Government Bridge: Until further notice, the "upstream" sidewalk on the Government Bridge, Structure 320, is closed because of damages caused by a barge. The bridge is only able to turn in a single direction and must return to the same position for closing. This will lengthen the amount of time the bridge is open for each barge and will increase delays for pedestrians, cars, and train traffic. The pedestrian gates for this sidewalk are "Closed", caution tape is on those gates, and a "Sidewalk Closed" sign has been positioned at the Davenport end of that same sidewalk. The "downstream" sidewalk on the



Government Bridge is open and safe to use.

Parking Lot 0J and Lot 3K Repair:

Effective April 28, the Directorate of Public Works resumed work on repair of parking lots 0J and 3K, located north of buildings 60, 62, 360 and 390. The overall repair includes replacement of the asphalt paving and installation of curb and gutter on the north and south sides of Lot OJ and repaving of the south half of Lot 3K. Work will be completed in a three phased approach to minimize the effect on traffic flow and parking. Signage and safety barriers will be positioned at appropriate locations. Project is scheduled to be completed by **Sept. 1**. The attached drawing shows the phases for the project.

Future Ft. Armstrong Construction:

In the upcoming construction season,
Rock Island Arsenal will be performing
work on the intersection of Ft.
Armstrong Drive and Rock Island Drive.
This work will result in a full vehicle
closure for the Installation's Rock Island
Gate and Rock Island Viaduct, as well
as restricting vehicles crossing the
Government Bridge to "Installationonly" traffic. The American Discovery
Trail will remain open. Construction is
expected to last approximately two

months, barring major weather delays. The exact construction start date is currently unknown. However, we have been coordinating with external agencies in an effort to minimize impact to the surrounding communities.

Reconstruction of River Drive from 19th Street to 23rd Street in Moline:

The Illinois Department of Transportation is planning the reconstruction of River Drive from 19th Street to 23rd Street in cooperation with the City of Moline. This work will be performed in preparation for the replacement of the 1-74 Mississippi River Bridge and will provide connection points along River Drive for the future interchange ramps. The proposed project consists of full removal of the existing roadway in this area and replacement with new concrete pavement. In addition, new lighting, sanitary and storm sewers, water main, and a recreational path will be constructed throughout this section. In order to complete this work it will be necessary to close River Drive to traffic during the construction effort. The closure will be in effect from Sept. 8 to **Dec. 5**. The interchange of 1-74 with River Drive will also be closed during this time, but will reopen following the completion of this work. We have made

every effort to limit the timeframe of the work so as to reduce inconvenience to you and your customers. Detour routes will be signed to ensure that motorists can access local businesses effectively.

Building/Space Closures

Door Closure, Bldg. 102: The Directorate of Public Works has closed the Bldg. 102 west door on Rodman Ave. until further notice. The stairs leading to the door were determined unsafe. A project is funded to make repairs and the door will be reopened after the stairs are repaired. Signs, barricades, and caution tape are posted to warn pedestrians and prevent access.

Active Duty/Reserve Zone

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Army Announces 33,000 Positions
Now Available to Women: Secretary of the Army John M. McHugh signed a directive authorizing more opportunities for women to serve in a wider range of roles within the Army. This authorization results in the opening of about 33,000 positions in units that were once closed to women, said Col. Linda



Sheimo, chief of the Command Programs and Policy Division at the Directorate of Military Personnel Management, Army G-1. (More)

Back-to-School Brigade: As a part of "Operation Homefront" the National

Guard is conducting "Back-to-School Brigade," a school supply distribution event, on **Aug.**



10, at the National Guard Armory in Milan, Ill. Eligible recipients include: Deployed, wounded, and active duty service members (E-1 through E-6 receive priority); Activated National Guard or Reserve members; Inactive National Guard and Reserve members. Those interested need to register at www.operationhomefront.net after July 7. For questions, please contact Darcy Clardy at (800) 390-4643 or darcy.clardy@operationhomefront.net.

<u>Discovery Time Playgroup</u>: Military families with children ages 0-5, please join us 10 a.m. - 12 p.m. every Thursday for our weekly Discovery Time Playgroup where you and your child(ren) can meet and play with new friends, learn about the community and

its resources and just have fun. The best part? It's all free to you! Check the MWR website

www.riamwr.com/events/month for all June's activities. Call (309) 782-3049 for more info, no RSVP is necessary.

Free Blues Fest Tickets for Veterans, Active Duty Military: To honor those who have served and are serving our country, the Mississippi Valley Blues Society is offering a limited supply of free tickets for the Blues Festival to veterans and active duty military. Thanks to an American Legion grant, MVBS has 150 tickets to give away for the Independence Day weekend. Tickets are available on a first-come, firstserved basis, one ticket per proper credentials. Tickets are good for either July 4 or July 5 at the BluesFest. (Gate admission is \$25 per day.) See Anna Winters, special events office, on the Rock Island Arsenal, Bldg. 60, 1st Floor, between the hours of 9 a.m. and 3 p.m., Monday through Friday through June 30. For information, call (309) 782-5890. This information is included for general interest and does not constitute endorsement of the businesses or products.

Active Duty Free Entry to Illinois Holocaust Museum: The Illinois

Holocaust Museum is proud to be a Blue Star Museum and we look forward to offering all military personnel and their families free admission through Labor Day, Sept. 1. We are excited to share information about our upcoming family program on Sunday, July 27. (More) This information is included for general interest and does not constitute endorsement of the businesses or products.

Ultimate Athlete Games, Active Duty Free Entry: The Ultimate Athlete Games will be in Sandwich, Ill., on July **19**. It features three timed short challenge courses (speed 1/4 mile, strength 1 mile, and agility ½ mile). Each course has up to 10 obstacles on it. Runners race through the three challenge courses, and the participant with the fastest combined time is the Ultimate Athlete. A total of 50 free entries will be given to active duty military personnel. If interested, take a look at the website and register with code FREEREC. This information is included for general interest and does not constitute endorsement of the businesses or products.

Bix 7 Road Race 40th Anniversary: Ed Froehlich, race director of the Bix & Road Race, has informed the community



that this year's race will be free to all active duty military. The race is on July 26 in Davenport. Download registration at bix7.com/2014/registration-info/. Must pick up packet in person and show military ID. The 7-mile road race is annually held during late July, in the streets of downtown Davenport. The race was founded in 1975 by John Hudetz, a resident of Bettendorf, Iowa. After competing in the 1974 Boston Marathon, Hudetz was inspired to bring the excitement to the Quad-Cities with a race of his own. The inaugural race had a field consisting of eighty-four runners. Today the race is often run by 12,000 to 18,000 runners. (More) This information is included for general interest and does not constitute endorsement of the businesses or products.

Safety Spotlight

Enduring Fatigue: To steadfastly hold out against impairment -- that's what it means to endure. An apt descriptor for a Soldier, especially one in today's harried world. Endurance is a necessity for everything Soldiers do. However, fatigue is, and always has been, a pervasive problem in the military. With multiple root causes, it is exacerbated by still more elements commonplace in an

operational environment. The result has been compromised missions and senseless loss of life, both directly and indirectly attributable to fatigue. Somewhere at this hour there is a Soldier succumbing to the effects of mental and physical fatigue such as lapses of attention, slowed reaction time, inaccurate performance, poor judgment, substandard teamwork, and impaired situational awareness; to name just a few. Leaving cherished loved ones behind, they have traveled across multiple time zones to a staging site on the side of a mountain, and, after a stint of restless daytime sleep, are about to take on an arduous night mission. Moments into the mission, that Soldier will end up as the next fatigue-related statistic in the U.S. Army Combat Readiness/Safety Center's accident database. Does this perfect storm of events happen every day? No. But it happens far too often. (More)

Headphone/Earphone Use Prohibited on Arsenal Island: The Army Safety

Program (AR 385-10,
Section 6-5) states:
Using headphones or earphones while walking, jogging, skating, and bicycling, including pocket bike, motorcycle or

moped on Army installation roads and streets, is prohibited. Public, family, and recreational safety programs are an essential part of the Army Safety Program that must continually heighten accident prevention awareness during all on-duty and off-duty recreational programs for Soldiers, Army civilians, and their families. Sports and recreational activities continue to rank high as a major cause of accidental injury. We ask for your kind cooperation in helping to prevent accidents due to distractions.

Equal Opportunity Focus

A Year After DOMA Ruling, Benefits For Same-Sex Federal Workers

Expand: Several major benefits related to federal employment have been extended to same-sex married couples and their family members over the last year, although policies regarding unmarried domestic partners remain more restrictive. The U.S. Supreme Court on June 26, 2013 issued its decision invalidating the portion of the Defense of Marriage Act that had defined a marriage, for federal benefits purposes, as only between a man and a woman. (More)



Celebrating LGBT Pride Month: June is LGBT Pride Month. One of the best ways to celebrate this community is by making sure that its members have the same rights and benefits as the rest of our Federal family. LGBT Pride Month was created as a way to honor the 1969 Stonewall riots in Manhattan, which were a tipping point in the Gay Liberation Movement in the United States. What began as "Gay Pride Day," has grown to a month-long series of events around the country. These commemorations also include memorials for members of the community who have been lost to hate crimes and HIV/AIDS. (More)

Morale, Welfare & Recreation (MWR)

Visit the MWR website at www.riamwr.com for information on all MWR programs. Also click here to become a fan on Facebook, or Twitter @golf1897, and stay up to date on all the great MWR offerings here at the Arsenal.

<u>Fitness Center Begins Summer Hours</u> <u>of Operation</u>: The Fitness Center will be closed on Sundays from the period of <u>May 25 through Aug. 31</u>. Hours of operation for all other days of the week remain unchanged. Please call the Fitness Center at (309) 782-6787 for more info or questions.

Swing Dance Lessons: Instructor Gunter from QC SoDa will be teaching the fundamentals of some of the most fun dances around. Cost for this sixweek session is just \$35/individual or \$60/couple. Class will begin at 7 p.m. every Thursday between June 26 and July 31 with an open practice session afterwards from 7:45 p.m. until.... You don't need any prior experience and you don't even need a partner so if you've always wanted to learn how to swing dance, don't miss this great opportunity. Sign-up on the first night of class at 6:45 p.m. or in advance by contacting the Arsenal Island Clubhouse at (309) 782-6319. (Flyer)

Starbucks Drinks Available Again in Bldg. 60: Having a hard time getting through the "Doldrums" of the afternoon? You need a caffeine boost and now you can once again get all your favorite Starbucks drinks including lattes, frappucinos, mochas and iced drinks in the Bldg. 60 cafeteria.

Rock the Island Car Show/Cruise-In: Join MWR's Auto Skill Shop for our

first ever "Rock the Island" Car. Show/Cruise-In on Saturday, July 26, 9 a.m. - 3 p.m. on Rodman Avenue, between East Street and Gillespie Street. All makes and models of cars, trucks, motorcycles, exotic vehicles, etc are welcome. Early bird registration through July 18 is \$18 and \$20 after that. All proceeds fund programs that benefit Soldiers and Families. This event is open to the general public and is admission is free. Make an entire day out of it by visiting some of the other family friendly activities and attractions while you are here on Arsenal Island. Attractions include: • Sports Car Club of America Rally • Arsenal Museum • Historic Quarters One Tours (\$5/person) • Arsenal Attic Thrift Shop • Arsenal Island Golf Course & Clubhouse • Colonel Davenport House (\$6/adult, kids free) (Flyer) (Registration site)

Punt, Pass & Kick Competition:

CYSS is hosting a local NFL Punt Pass and Kick competition Saturday, **Aug. 23**, at 10 a.m., for children aged 6-15. This is a free event for all children, military and civilian. Participants must register online or stop at the School Age Center in Bldg. 150 to fill out a paper form. The top finishers in each age group* will advance to a sectional



competition. *Age divisions based upon child's age as of Dec. 31, 2014. (Flyer)

Volunteers Needed for QC Marathon:

On Sunday, **Sept. 28**, the Quad Cities Marathon will travel through the Rock Island Arsenal and we are looking for volunteers to help make this leg of the race run smoothly and successfully. We need lots of volunteers and no affiliation to the Army or Rock Island Arsenal is required so please feel free to share this notice far and wide with anyone who might want to volunteer. Please call Desiree at (309) 782-6789 for more info and to sign up.

New Fitness Instructors and Classes at the Fitness Center: We are rolling out a new class schedule with new instructors and different class offerings to keep your workouts fresh and fun. Some of the new classes include Early Beginnings, Ignite, and Total RX. Check out all the descriptions, times and fees here: www.riamwr.com/communityrecreation/fitness-center-adult-sports Group classes not your thing? No problem, we have new personal trainers as well that will help you develop an exercise program based on your individual fitness goals. Call (309) 782-6787 for more info and to sign up for classes.

MWR Leisure Travel Office

Office Hours: Monday through Friday, 9 a.m. – 3 p.m., Bldg. 60. The office is closed for lunch from 10:30–11 a.m., (309) 782-5890. (email) (website)

Stinkykids: The Musical: Britt loves making everyone happy. But this girl who never gets in trouble is in a sticky situation- literally: She woke up with an impossibly epic wad of gum stuck in her hair. All of Britt's friends are depending on her parents to take them to the new MegaJumper 3000 at Captain Happy's Jumpy-Fun-Super-Bouncy Indoor Place. Discounted seats available for \$9 per person.

Date: Saturday, June 28

Time: 9:30 a.m.

Bus Trip to Chicago's Lincoln Park
Zoo & Museums: Get your friends and
family together Saturday, June 28, at
6:30 a.m., for a fun day visiting some of
Chicago's most popular attractions and
leave the hassle of driving, traffic and
parking to us. With options to get off the
bus at the Lincoln Park Zoo or the
Museum campuses (Field Museum,
Museum of Science & Industry, Shedd
Aquarium & Adler Planetarium) there is

sure to be something for all interests. Price is \$41/person which covers round trip transportation only and available seats can still be reserved by calling (309) 782-5890. (Flyer)

Taste of Chicago/Navy Pier: Join us for one of the most popular bus trips Leisure Travel offers every year. Dropping off at the Taste of Chicago or Navy Pier. Choice is up to you. Admission to Taste of Chicago is free. Cost is \$41 per person. Limited seats available.

Date: Saturday, July 12

Time: **6:30 a.m.**

<u>Circa 21: Fiddler on the Roof</u>: Never

has any other musical so magically woven music, dance, poignancy, and humor into such an electrifying and unforgettable experience. Songs such as "If I Were a Rich Man," "Sunrise Sunset," "Tradition" and "Do You Love Me?" are in part responsible for making this one of the greatest works of the American musical theatre. Discounted seats on sale until **June 28**.

Date: Saturday, July 12

Time: 5:45 p.m.

Stand Up Paddle Boarding Class: Join Outdoor Recreation for a beginners class in the new and exciting sport of Stand



Up Paddle Boarding. Class is on Monday, **July 21**, at 6 pm. Cost is \$15 per person. Sign up at Outdoor Recreation. Contact Bob Lampert at (309) 782-8630 for more information. (Flyer)

Ringling Bros. and Barnum & Bailey Circus: The Greatest Show on Earth is returning to the iWireless Friday, Aug. 29 through Sunday, Aug. 31. The Leisure Travel Office has discounted tickets for each day. Children 12 and under tickets are \$13 and adults are \$19. Upper level seating is all \$13. Tickets on sale until Aug. 11. Animal Open House starts 1½ hours prior to show time (subject to weather conditions). Doors open one hour prior to the show at which time The Adventure (interactive preshow) begins on the floor.

Reserving Heritage Hall, Caisson
Room, Arsenal Club: The Leisure
Travel Office has taken over the
calendar for bookings in these facilities.
If you have reserved through Sheridan's
for future events please contact the LTO
to confirm your reservation is on the
calendar. To reserve these spaces,
contact the Leisure Travel Office at
(309) 782-5890.

QC River Bandits: MWR Leisure Travel has discounted game vouchers for any 2014 home game. Vouchers are redeemable at the QC River Bandits box office.

Six Flags Great America, Gurnee, Ill.:

The Leisure Travel Office has received the 2014 one day admission tickets \$45. We will also have season passes \$81 and parking passes \$24 available.

Adventureland: Adventureland Amusement Park contains more than 100 rides, shows, and attractions including some of the country's most exciting roller coasters and thrill rides that can challenge the most avid amusement park enthusiasts. There are also plenty of rides for less adventurous guests including great water rides as well as a full complement of children's rides spread throughout the park. But the entertainment doesn't stop with rides -Adventureland presents a full array of shows in the park - from live music to magic to song and dance - there's always something to suit everyone's taste. Leisure Travel has discounted general one day admission tickets for the 2014 season, \$32 for adults and children.

Walt Disney Military Promotion
Tickets: Disney has renewed the Armed

Forces Salute for yet another year. The offer will run Sept. 29, 2013 – Sept. 27, 2014. Qualified individuals may purchase up to a maximum of six theme park tickets during the period. Four-Day Park Hopper tickets \$169 Four-Day Water Park & More tickets for \$169 Four-Day Park Hopper tickets plus the Water Park & More option for \$198, April 13 (no theme park or water park use) July 4 (no Magic Kingdom use) Please allow three weeks for ticket arrival when ordering.

Davenport Cinemark 53rd 18 + IMAX

Theatre: Leisure Travel is selling Platinum Supersaver Prepaid Admission Tickets to Davenport Cinemark 53rd 18 + IMAX theatre (formally 53rd cinemas and RAVE cinemas) These tickets have no restrictions or expiration date.

Child, Youth & School Services

C

Opening of Creative Arts Academy:

In the Fall of 2014, Davenport Community Schools will open the Creative Arts Academy of the Quad Cities, housed in community arts facilities throughout downtown Davenport and supported by arts partners from across the Quad Cities.



The Creative Arts Academy will offer experiences in five disciplines based on participants interests, including Communications and Media Arts, Dance, Music, Theatre and the Visual Arts. In its first year, the Creative Arts Academy will serve three audiences: 1) a first cohort of 6th graders; 2) Dream students (high school juniors and seniors aspiring to careers in the arts) and 3) the general community. Incoming 6th grade students and Dream students will be required to audition into the program, but community offerings and workshops will be open to all.

Date: Monday, Aug. 11

Army Community Service (ACS)

C

ACS is located in Bldg. 110, 1st floor SE; Visit



our ACS website or phone (309) 782-0829. Call ahead for special accommodations when attending ACS classes. Find us on Facebook click here. 24/7 Sexual Assault Hotline: (309) 229-8412

<u>Discovery Time Playgroup</u>: Military families with children ages 0-5, please join us 10 a.m. - 12 p.m. every Thursday

for our weekly Discovery Time Playgroup where you and your child(ren) can meet and play with new friends, learn about the community and its resources and just have fun. The best part? It's all free to you! Check the MWR website

www.riamwr.com/events/month for all June's activities. Call (309) 782-3049 for more info, no RSVP is necessary.

Employee Assistance Program

For free, confidential counseling assistance or for information on services that are available, call (309) 782-4357. Normal business hours are from 7:30 a.m. – 5 p.m., Monday - Friday. For additional information on the Employee Assistance Program see <u>our website</u> or visit us on <u>Facebook</u>. The new location for the EAP/ASAP is Bldg. 56, 1st floor, East.

Assertiveness Training: Do you want to learn strategies to communicate effectively and to enhance yourself personally and professionally? Sign up for Assertiveness Training. Classes will be offered July 8 & Aug. 12, Tuesdays, 10:30-11:30 a.m., Bldg. 56, 1st Floor, Room 122. Sign up in TEDs (key word

'assertiveness') or call (309) 782-2552 to reserve your spot. Sponsored by: Employee Assistance Program

Time Management: Do you feel that there is never enough time in a day to get everything done? Would you like to learn some tips to become more organized and free up some time for more fun? Sign up for a Time Management class. Classes will be offered July 22 & Aug. 26, Tuesdays, 10:30-11:30 a.m., Bldg. 56, 1st Floor, Room 122. Sign up in TEDs (key word 'Time Management') or call (309) 782-2552 to reserve your spot. Sponsored by: Employee Assistance Program.

National Men's Health Month - June

2014: The month of June is designated

as National Men's Health Month. The purpose of this campaign is to heighten awareness of preventable health problems and encourage early detection and



treatment of disease among men. If you are like many men, you may drink alcohol occasionally. Or, like others, you may drink moderate amounts of alcohol on a regular basis. But did you



know that drinking more than the moderate levels -even occasionally- may put you at risk for serious health problems? Although alcohol affects everyone differently, excessive drinking can negatively affect a man's health regardless of age, race, marital status, income level, profession, or lifestyle. Common medical problems that can be caused by excessive drinking include heart disease, arthritis, liver cirrhosis, high blood pressure and various cancers. In support of National Men's Health Month, the Rock Island Arsenal Employee Assistance Program invites you to take advantage of the free and confidential counseling services that the program has to offer. Schedule an appointment with an EAP counselor by calling (309) 782-4357. Master-level counselors can provide information, short-term counseling, and referral services. If you have any concerns about your alcohol use or mental health, talk it over with a trained professional at the EAP. You can also access an anonymous screening at www.militarymentalhealth.org.

PTSD Support Groups: Are you or a loved one experiencing symptoms of Post-Traumatic Stress Disorder? The Rock Island Arsenal Health Clinic and Employee Assistance Program are

sponsoring support groups to assist you through this difficult challenge. Contact Rita Baugh, EAP counselor, at (309) 782-2552 for more details.

Grief Support Group: The Employee Assistance Program is sponsoring a support group for individuals who are mourning the death of a loved one. The group meets on Tuesdays, 3-4 p.m., in Building 56, 1st Floor, Room 122. For more information contact Rita Baugh, EAP counselor, at (309) 782-2552.

Smoking Cessation Group: Want to join a supportive group of individuals with a common goal to quit smoking? The Employee Assistance Program offers an ongoing educational support group. The group meets each Wednesday, 3-4 p.m., in the EAP office located in Building 56, 1st Floor, East Wing.

Education/Training Review

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The Rock Island Army Education Center is located in Bldg. 56, 1st floor, west end of the building. Office hours: 7:30 a.m. - 4 p.m., Monday - Friday. Phone: (309) 782-2065 Fax: (309) 7827901. Please visit our <u>website</u> to learn more.

Your Future: 4 Steps to Making Career and Education Decisions: Step

1: Making Career Decisions -Determining your career goals and
interests will keep you from wasting
your GI Bill, Tuition Assistance and
other education benefits on a degree that
doesn't match your career path. (More)

Commissary / Exchange

The Rock Island Commissary and the **Exchange** are for active duty military and retirees only. There are exceptions for select items (mainly consumable) at the Exchange that can be purchased by Arsenal Island employees with ID. The Commissary makes fresh fruit baskets daily for you! Shopping for someone who has everything? Problem solved. They are hungry for fresh fruit. Just buy them a fruit basket and relax. Ask our friendly staff to make you one or order one in advance. Check out local specials and get POC information **HERE**. For information on this and other Commissaries, visit:

www.commissaries.com (Facebook)



Your Healthy Lifestyle Festivals

Coming Soon: The Defense Commissary Agency will unveil the Your Healthy Lifestyle Festival June 6 through July 6 at 236 installations worldwide. This inaugural event will allow patrons to see discounted prices on produce at commissary farmers markets, savings on workout equipment at exchanges, and fitness events hosted by base morale, welfare and recreation activities. With the theme "Shop Healthy! Eat Healthy! Be Healthy!," the festival reinforces the health and wellness goals of the military community. Check out the Commissary's latest YouTube video to see what your festival could provide.

Arsenal Archive

Information for the Arsenal Archive is made available by the Rock Island **Arsenal Museum. The Museum is** open to the public, Tuesday through Saturday, 12-4 p.m. Closed Sunday, Monday, federal holidays, the Friday after Thanksgiving, and Christmas **Eve. Admission is free.** (website)

History – June 23-30: On June 25,

1911, Col. George W. Burr assumed command of the RIA. He relinquished his command on Feb. 15, 1918. On June 26, 1882, stone construction on Shop E (Bldg. 106) began. At the end of June 1876, RIA workers had completed a mission of cleaning, repairing, and packing 3,700 rifles at a cost of \$4.140.16. Of this sum \$427.32 was for tools and fixtures, making the cost per rifle about \$1.12. In June 1903, the RIA Commanding Officer was directed to expedite final preparations of Armory Row at RIA and to manufacture Springfield 1903 rifles at a rate of 125 daily. Construction of Shop K (Bldg. 68) was completed by the close of June 1882.

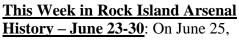
Healthbeat

Physical Clinic: The Rock Island Arsenal Health Clinic, located in the basement of Bldg. 110, SE Wing, will be holding a Physical Clinic by appointment only on the following dates from 4:20-6:20 p.m.: Monday, July 28; Wednesday, July 30; Monday, Aug. 4; Wednesday, Aug. 6; Monday, Aug. 11; and Wednesday, Aug. 13. Parents must have physical forms filled out for start of appointment in order to be seen by provider. Forms can be found on each

individual school website. Back to back appointments may be booked, but are limited to two per family, per day, to ensure the best possible care and attention is given to each patient. We must have proof of immunizations to complete forms. Illinois requires dental and eye exam – these services not provided by RIAHC. Appointment Line: (309) 782-0805 or www.tricareonline.com.

TRICARE Tip of the Week – Is a **College Student Covered Under**

TRICARE?: Yes, dependent children are eligible for TRICARE up to the age of 21 or up to the age of 23 if the child is a college student enrolled full-time at an accredited institution of higher education and the sponsor provides more than 50 percent of the child's financial support. To ensure continuous TRICARE coverage, your child's information must be updated in the Defense Enrollment Eligibility Reporting System prior to the loss of eligibility. Visit a RAPIDS site for assistance regarding the documentation needed. Learn more through the TRICARE Choices for College Students brochure. The TRICARE Young Adult program may also be an option for your college student. Visit the TRICARE Young Adult page to learn about plan





options and how to enroll. Have A Great Tricare Day!

Improved Scheduling Process at Rock Island Arsenal Health Clinic: Effective May 19 a new improved scheduling process will go into effect for all *service members who receive care at Rock Island Arsenal Health Clinic, All service members and their family will be seen by appointment only. There will no longer be sick call hours. This will allow the providers to see three additional appointments per day, giving the clinic an additional 30 appointments per week. You will no longer need to wait for others to be seen before you; you will have an appointed time. If you are sick, you can use the online appointment booking option to schedule an available appointment or you can call at 7 a.m. to (309) 782-0805 and be given a same-day appointment. If you try to book online and there are no appointments available, you will need to call the clinic and speak with a medic or nurse who can triage and give you a time when you can be fit in. Routine appointments will begin at 7:20 a.m. every day for those who like the convenience of an early morning appointment. This will also allow us to schedule an appointment with your assigned PCM, a MEDCOM directive. *This change will also increase access

for family members as there will be more appointments available each day.

Introducing Open Access Scheduling:

As of **June 1**, when you go online to schedule your appointments, you will have two choices; EST (established) or OPAC (open access). EST appointments are for us to book into and OPAC are for you to book into. Appointments can be made via TRICARE Online (TOL) or you can call us. If you try online to make an appointment for the same day and there is nothing available, call us, request to speak with a nurse or medic and we will find a time to fit you in. Each day, there are 13 OPAC appointments available with each provider (in addition to the EST appointments). This method of scheduling gives us the greatest flexibility and allows us to offer appointments the same day versus being bound by the appointment types that existed in the past. The goal is to do today's work today and to see you when you want and need to be seen. The way this works is that at midnight, the appointment slots are "released" for booking. The benefits of this is that 1) you have a better opportunity to be seen closer to the time you want to be seen instead of us only having five appointments left for the day thereby

dictating the time, 2) we will have fewer no shows and cancellations, again making it easier for you to get an appointment since most people who call the same day come in for their appointment. All appointments are 20 minutes in duration; keep this in mind when scheduling. If you have 10 problems that need addressing, you may need to address them in two or three appointments. There are two types of appointments that should not be booked online-PHAs and PAP smears for females, these need additional time and will be booked in the EST slots. Clinic phone number for appointment scheduling (309) 782-0805.

Notes for Veterans

Free Blues Fest Tickets for Veterans, Active Duty Military: To honor those who have served and are serving our country, the Mississippi Valley Blues Society is offering a limited supply of free tickets for the Blues Festival to veterans and active duty military. Thanks to an American Legion grant, MVBS has 150 tickets to give away for the Independence Day weekend. Tickets are available on a first-come, first-served basis, one ticket per proper credentials. Tickets are good for either



<u>Island</u> Insight

July 4 or July 5 at the BluesFest. (Gate admission is \$25 per day.) See Anna Winters, special events office, on the Rock Island Arsenal, Bldg. 60, 1st Floor, between the hours of 9 a.m. and 3 p.m., Monday through Friday through June 30. For information, call (309) 782-5890. This information is included for general interest and does not constitute endorsement of the businesses or products.

Carpooling Announcements

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Submit carpooling announcements via the <u>Island Insight submission page</u>. Please use that page to contact Garrison Public Affairs to take your announcement off once you have found a ride.

Did You Know?: The AMTBP (Army Mass Transportation Benefit Program) is a program where Army employees can qualify for up to \$130 in reimbursements for use of mass transportation (to include van pooling). (More)

Carpool:

- ➤ <u>Car Pool</u>: I am interested in carpooling several times per week, beginning July 7 from Muscatine. I am flexible on work hours. Please contact me at ext. 2-1559 or (563) 676-0555.
- ➤ Ride: Looking for a ride and pay for gas. Location Sherwood Forest Apartment, Davenport. Call thru Illinois relay at (800) 526-0857 to contact me at (309) 782-1078 (TTY). (Email)
- ➤ <u>Carpool</u>: Carpool from Rio, Ill., looking for people to carpool with along 150. Please call (309) 782-5472.

Around the Q.C.

C

<u>June 27-28</u>: <u>Greek Cultural Fest</u> (Assumption Greek Orthodox Church, East Moline)

<u>July 3</u>: Red, White & Boom! (The District & Downtown Davenport)

<u>July 3-5</u>: 30th Annual Mississippi Valley Blues Festival (LeClaire Park, Davenport) <u>July 4</u>: Firecracker Run & Parade (East

<u>July 4</u>. <u>Fileciacker Rull & Parade</u> (Eas Moline)

<u>July 4</u>: <u>Bettendorf Old-Fashioned 4th of July</u> (Bettendorf)

<u>July 7-13</u>: <u>John Deere Classic PGA Tour</u> (TPC Deere Run, Silvis)

<u>July 8-13</u>: John Deere Classic Military Special (TPC Deere Run, Silvis, III.) *There* will have a AUSA military hospitality Tent on Sunday on the 15th Green, free admission to the JDC with a military ID card

<u>July 10-12</u>: <u>Walcott Truckers Jamboree</u> (Iowa 80 Truckstop, Walcott, Iowa)

July 11-13: Countryside Community
Theatre presents Shrek The Musical
(Bettendorf High School Performing Arts
Center)

<u>July 12</u>: <u>Case Creek Obstacle Run 5K</u> (Coal Valley, III.)

July 12: Quad Cities Cruisers Cruise-in and Car Show (Kimberly Center, Davenport)

July 16: 5th Annual High Five Tour

July 16: 5 Annual High F (Davenport)

<u>July 17</u>: <u>AUSA Annual "A Round For Our Soldiers" Golf Outing, at 12 p.m.</u> (Arsenal Island Golf Course)

July 18-20: Countryside Community
Theatre presents Shrek The Musical
(Bettendorf High School Performing Arts
Center)

July 25-26: 43rd Annual Street Fest Presented by the MVRBC (Downtown Davenport)

June 25-28: Ring Davenport (RiverCenter, Davenport)

July 26: 41st Annual Quad-City Times Bix7
July 29-Aug. 3: 95th Annual Great

Mississippi Valley Fair (Mississippi Valley Fairgrounds, Davenport)

July 31-Aug. 3: 43rd Annual Bix
Beiderbecke Memorial Jazz Festival
(RiverCenter/Adler Theatre, Davenport)
Aug. 2: British Auto Fest (LeClaire, Iowa)

Aug. 7: 2nd Annual Freedom Run 5K (East Moline, III.)

<u>Aug. 7-9</u>: <u>Great Tug Fest</u> (LeClaire, Iowa & Port Byron, III.)

Aug. 8-9: 22nd Annual Ya Maka My Weekend (The District, Rock Island)



Island Insight

Aug. 9: Quad Cities Cruisers Cruise-in and Car Show (Kimberly Center, Davenport)

Aug. 9-10: 28th Annual Quad City Air Show (Davenport Airport, Mount Joy, Iowa)

<u>Aug. 15-16</u>: 10th Annual River Roots Live & Rockin' Rib Fest (LeClaire Park, Davenport)

<u>Aug. 16</u>: <u>Floatzilla</u> (Sunset Marina, Rock Island)

<u>Aug. 22-24</u>: World Series of Dragracing (Cordova Dragway)

<u>Aug. 23</u>: <u>Silvis Home Run 5K</u> (Shadt Park, Silvis, III.)

Aug. 30-31: Rock Island Grand Prix (Downtown Rock Island)

<u>Sept. 1</u>: <u>Bettendorf Rotary Run with Carl</u> (Life Fitness Center, Bettendorf)

<u>Sept. 5-21</u>: <u>East West Riverfest</u> (Various QC Locations)

<u>Sept. 6</u>: <u>Quad City Symphony Riverfront</u> Pops (LeClaire Park, Davenport)

Sept. 6: ¡Viva! Quad Cities (Isle of Capri, Bettendorf)

Sept. 6: QCA Heritage Tractor Parade & Show (John Deere Pavilion, Moline)

Sept. 6-7: Beaux Arts Fair (Downtown Davenport)

<u>Sept. 13</u>: <u>Quad Cities Cruisers Cruise-in</u> <u>and Car Show</u> (Kimberly Center, Davenport)

<u>Sept. 19-20</u>: <u>Celtic Festival & Highland</u> <u>Games (Centennial Park, Davenport)</u>

Sept. 20: 15th Annual WQPT Brew Ha Ha

<u>Sept. 20-21</u>: <u>Riverssance Festival of Fine Arts</u> (Lindsay Park, Village of East Davenport)

Sept. 28: 17th Annual Quad Cities Marathon

Sept. 26-28: Hot Air Balloon Festival

(Kennedy Square, East Moline)

Oct. 4: Night of the Running Dead 5K (Davenport)

Oct. 4: GiGi's Super Hero Run (Bettendorf)

Oct. 11: Trinity Quad Cities Classic Regatta (on the Mississippi River in Moline)

Oct. 11: Quad Cities Cruisers Cruise-in and Car Show (Kimberly Center, Davenport)

Oct. 12: Apple Fest (Downtown LeClaire, lowa)

Oct. 23: Fright Night (The District, Rock Island)

Oct. 25: Lagomarcino's Cocoa Beano 5K Race (Moline)

Oct. 25-26: Boo at the Zoo (Niabi Zoo, Milan, III.)

Nov. 22: Festival of Trees Parade

(Downtown Davenport)

Nov. 22: Lighting on the John Deere
Commons (John Deere Commons, Moline)

Nov. 22: Holiday Pops Concert (Downtown Moline)

<u>Dec. 7</u>: 19th Century Christmas (Butterworth Center, Moline)

Island Insight

C

Col. Elmer Speights, Jr., Garrison Commander; Eric Cramer, Public Affairs Officer; Mark Kane, Editor The Army publication, Island Insight, is an unofficial publication authorized under AR 360-1 to provide information on people. policies, operations, technical developments, trends and ideas of, about, and of interest to the Rock Island Arsenal community. It is published weekly using word processing software and Adobe *PhotoShop using Portable Document* Format reproduction for online distribution with the use of federal funds under provisions of AR 360-1 by the Rock Island Arsenal-Garrison Public Affairs Office.

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